The American Journal of Psychotherapy

Call for Papers From Early-Career Professionals

The American Journal of Psychotherapy is pleased to announce two new initiatives: a new section, “The Trainee’s Perspective,” and a new service, manuscript mentoring for early-career mental health professionals. Both initiatives are being overseen by Lisa A. O’Donnell, Ph.D., L.M.S.W., and Paula Ravitz, M.D., F.R.C.P.C.

The Trainee’s Perspective
The community of mental health professionals has much to learn from the perspectives of trainees across disciplines who deliver psychotherapy to diverse populations. The editors welcome The Trainee’s Perspective articles from doctoral students, residents, fellows, interns, new practitioners, and others within the fields of psychiatry, psychology, social work, nursing, occupational therapy, and counseling who are pursuing creative and innovative ways to work with patients within these fields and have insightful reflections based on their experience. This column is intended to feature brief reflections on trainees’ experience of learning, conducting, implementing, and evaluating psychotherapy. Authors should incorporate a scholarly integration of related literature into their personal reflections. Format: limited to 1,000 words and 5 or fewer headings; no abstract, tables, or figures; up to 10 references. Cover letters should specify training level and field.

Manuscript Mentoring for Early-Career Mental Health Professionals
The objective of this service is to encourage the academic development of early-career researchers within mental health professions (e.g., psychiatry, psychology, social work, nursing, and counseling). American Journal of Psychotherapy aims to provide early-career scholars and researchers with mentorship that will enhance skills in manuscript development, facilitate professional relationships with advanced-career mentors, and support development as valued contributors to
the psychotherapy academic community. Manuscripts selected for this service will be those deemed through the review process to represent excellent work from the next generation of researchers and scholars, with the lead author meeting the following criteria:

- Trained mental health professional with a doctoral degree or equivalent
- Less than 5 years from completion of professional training
- Current academic rank no higher than assistant professor

Coauthors are permitted, but the first/corresponding author must meet these eligibility criteria.

The mentored experience begins with assignment to a Journal editorial board member who will meet virtually with the first author to provide feedback and guidance on strengthening the quality of the submission based on initial peer-review comments. Full participation in this process will lead to enhanced understanding of the peer-review process and strengthened manuscripts, with the goal of helping authors to create high-quality content that has a good chance of being published in the Journal.

The content of manuscripts should fall within the Aims and Scope of the Journal.

Only full-length articles (Regular Articles, Psychotherapy Tools, or Reviews and Overviews) are eligible for this service. Viewpoint articles, Clinical Case Reports, and Brief Reports will not be considered.

**Submissions**
For submissions, visit [https://psychotherapy.psychiatryonline.org](https://psychotherapy.psychiatryonline.org) and select Submit an Article.