

Appendix 1. *Boolean Search Terms Used.*

Acceptance and Commitment Therapy (ACT)	("acceptance and commitment psychotherap*" OR "acceptance and commitment intervention" OR "acceptance and commitment therap*" OR "acceptance and commitment treatment" OR "acceptance commitment psychotherap*" OR "acceptance commitment intervention" OR "acceptance commitment therap*" OR "acceptance commitment treatment" OR "acceptance-commitment psychotherap*" OR "acceptance-commitment intervention" OR "acceptance-commitment therap*" OR "acceptance-commitment treatment" OR "ACT") Abstract ("acceptance and commitment psychotherap*" OR "acceptance and commitment intervention" OR "acceptance and commitment therap*" OR "acceptance and commitment treatment" OR "acceptance commitment psychotherap*" OR "acceptance commitment intervention" OR "acceptance commitment therap*" OR "acceptance commitment treatment" OR "acceptance-commitment psychotherap*" OR "acceptance-commitment intervention" OR "acceptance-commitment therap*" OR "acceptance-commitment treatment")
Applied Relaxation	("applied relaxation psychotherap*" OR "applied relaxation intervention" OR "applied relaxation therap*" OR "applied relaxation treatment")
Attachment	("attachment* psychotherap*" OR "attachment* intervention" OR "attachment* therap*" OR "attachment* treatment" OR "attachment based psychotherap*" OR "attachment based intervention" OR "attachment based therap*" OR "attachment based treatment")
Behavior Therapy (BT)	("behavio* psychotherap*" OR "behavio* intervention" OR "behavio* therap*" OR "behavio* treatment")
Cognitive Behavioral Therapy (CBT)	("cognitive behavio* psychotherap*" OR "cognitive behavio* intervention*" OR "cognitive behavio* therap*") OR ("cognitive behavio* treatment*" OR "cognitive-behavio* psychotherap*" OR "cognitive-behavio* intervention*" OR "cognitive-behavio* therap*" OR "cognitive-behavio* treatment*" OR "CBT")
Cognitive Therapy (CT)	("cognitive psychotherap*" OR "cognitive intervention" OR "cognitive therap*" OR "cognitive treatment")
Compassion Focused Therapy (CFT)	("compassion-focused psychotherap*" OR "compassion-focused intervention" OR "compassion-focused therap*" OR "compassion-focused treatment" OR "compassion focused psychotherap*" OR "compassion focused intervention" OR "compassion focused therap*" OR "compassion focused treatment")
Dialectical Behavior Therapy (DBT)	("dialectic* behavior psychotherap*" OR "dialectic* behavior intervention" OR "dialectic* behavior therap*" OR "dialectic*

	behavior treatment” OR “dialectic*-behavior psychotherap*” OR “dialectic*-behavior intervention” OR “dialectic*-behavior therap*” OR “dialectic*-behavior treatment” OR “dialectic* behaviour psychotherap*” OR “dialectic* behaviour intervention” OR “dialectic* behaviour therap*” OR “dialectic* behaviour treatment” OR “dialectic*-behaviour psychotherap*” OR “dialectic*-behaviour intervention” OR “dialectic*-behaviour therap*” OR “dialectic*-behaviour treatment”)
Emotion-Focused Therapy (EFT)	(“emotion focused psychotherap*” OR “emotion focused intervention” OR “emotion focused therap*” OR “emotion focused treatment” OR “emotion-focused psychotherap*” OR “emotion-focused intervention” OR “emotion-focused therap*” OR “emotion-focused treatment”)
Experiential/Gestalt	(“experiential psychotherap*” OR “experiential intervention” OR “experiential therap*” OR “experiential treatment” OR “gestalt psychotherap*” OR “gestalt intervention” OR “gestalt therap*” OR “gestalt treatment”)
Exposure and Response Prevention (ERP)	(“exposure and response prevention psychotherap*” OR “exposure and response prevention intervention” OR “exposure and response prevention therap*” OR “exposure and response prevention treatment” OR “exposure response prevention psychotherap*” OR “exposure response prevention intervention” OR “exposure response prevention therap*” OR “exposure response prevention treatment” OR “exposure-response prevention psychotherap*” OR “exposure-response prevention intervention” OR “exposure-response prevention therap*” OR “exposure-response prevention treatment”)
Eye Movement Desensitization and Reprocessing (EMDR)	(“eye movement desensitization and reprocessing psychotherap*” OR “eye movement desensitization and reprocessing intervention” OR “eye movement desensitization and reprocessing therap*” OR “eye movement desensitization and reprocessing treatment” OR “eye-movement desensitization and reprocessing psychotherap*” OR “eye-movement desensitization and reprocessing intervention” OR “eye-movement desensitization and reprocessing therap*” OR “eye-movement desensitization and reprocessing treatment” OR "EMDR")
Family Focused Therapy (FFT)	(“family-focused psychotherap*” OR “family-focused intervention” OR “family-focused therap*” OR “family-focused treatment” OR “family focused psychotherap*” OR “family focused intervention” OR “family focused therap*” OR “family focused treatment”)
Family Systems	(“family system* psychotherap*” OR “family system* intervention” OR “family system* therap*” OR “family system* treatment” OR “family psychotherap*” OR “family intervention”

	OR "family therap*" OR "family treatment")
Functional Analytic Psychotherapy (FAP)	("functional analy* psychotherap*" OR "functional analy* treat*" OR "functional analy* program*" OR "functional analy* intervention" OR "FAP")
Humanistic/Existential	("humanistic psychotherap*" OR "humanistic intervention" OR "humanistic therap*" OR "humanistic treatment" OR "existential psychotherap*" OR "existential intervention" OR "existential therap*" OR "existential treatment")
Interpersonal (IPT)	("interpersonal psychotherap*" OR "interpersonal intervention*" OR "interpersonal therap*" OR "interpersonal treatment" OR "IPT")
Meditation & Mindfulness	(mindful* based OR mindful*- based OR "meditation psychotherap*" OR "meditation intervention" OR "meditation therap*" OR "meditation treatment" OR "mindful* psychotherap*" OR "mindful* based intervention" OR "mindful* based therap*" OR "mindful* based treatment")
Mentalization	("mentalization psychotherap*" OR "mentalization intervention" OR "mentalization therap*" OR "mentalization treatment")
Motivational Interviewing (MI)	("motivational interview* psychotherap*" OR "motivational interview* intervention" OR "motivational interview* therap*" OR "motivational interview* treatment")
Problem-Solving Therapy	("problem-solv* psychotherap*" OR "problem-solv* intervention" OR "problem-solv* therap*" OR "problem-solv* treatment" OR "problem solv* psychotherap*" OR "problem solv* intervention" OR "problem solv* therap*" OR "problem solv* treatment")
Prolonged Exposure (PE)	("prolonged exposure psychotherap*" OR "prolonged exposure intervention" OR "prolonged exposure therap*" OR "prolonged exposure treatment" OR "prolonged-exposure psychotherap*" OR "prolonged-exposure intervention" OR "prolonged-exposure therap*" OR "prolonged-exposure treatment")
Psychoanalytic	((("psychoanalysis")) OR ("psychoanal* psychotherap*") OR ("psychoanal* intervention") OR ("psychoanal* therap*") OR ("psychoanal* treatment"))
Psychodynamic	("psychodynamic psychotherap*" OR "psychodynamic intervention" OR "psychodynamic therap*" OR "psychodynamic treatment")
Rational Emotive Behavior Therapy	("rational emotive psychotherap*" OR "rational emotive intervention" OR "rational emotive therap*" OR "rational emotive treatment" OR "rational-emotive psychotherap*" OR "rational-emotive intervention" OR "rational-emotive therap*" OR "rational-emotive treatment")

Rogerian/Person-centered	(psychotherap* OR intervention* OR therap* OR treatment* OR program* OR manual* OR protocol*) AND (“Roger*” OR “person-centered” OR “person centered” OR “client centered” OR “client-centered” OR “patient centered” OR “patient-centered”)
Schema-Focused Therapy	(“schema-focused psychotherap*” OR “schema-focused intervention” OR “schema-focused therap*” OR “schema-focused treatment” OR “schema focused psychotherap*” OR “schema focused intervention” OR “schema focused therap*” OR “schema focused treatment”)
Seeking Safety	(“seeking safety psychotherap*” OR “seeking safety intervention” OR “seeking safety therap*” OR “seeking safety treatment”)
Social Skills Training (SST)	(“social skill* psychotherap*” OR “social skill* intervention” OR “social skill* therap*” OR “social skill* treatment” OR “social-skill* psychotherap*” OR “social-skill* intervention” OR “social-skill* therap*” OR “social-skill* treatment”)
Transference-Focused Therapy	(“transference focused psychotherap*” OR “transference focused intervention” OR “transference focused therap*” OR “transference focused treatment” OR “transference-focused psychotherap*” OR “transference-focused intervention” OR “transference-focused therap*” OR “transference-focused treatment”)