-Figure 1. Consolidated Standards of Reporting Trials (CONSORT) 2010

Flow Diagram

Assessed for eligibility (n=155) Enrollment Excluded (n=67) Not meeting inclusion criteria (n=20) Declined to participate (n=37) Other reasons (n=10) (unable to contact) Randomized (n=88) Allocation **Bipolar Clinic Treatment as Usual** Allocated to intervention (n=43) Allocated to intervention (n=45) • Received allocated intervention (n=39) • Received allocated intervention (n=40) Lost to follow-up (n=1) Lost to follow-up (n=5) Withdrew =4 Disinterested doing Follow-up Discontinued intervention (n=4) Unable to contact =1 Dropped out Moved from area Analyzed Analyzed Analysis • n=43 Intention to treat n=45 Intention to treat n=42 per protocol n=41 per protocol